



Specialised Culinary Solutions and **Consultants**

<b>Toast with your choice of Preserve</b>	<b>(GF / DF Options)</b>	
Ciabatta, Turkish		7
Gluten Free		8
Vegemite, Peanut Butter, Marmalade (House Made), Strawberry Jam (House Made), Honey		
<b>Eggs your way with your choice of bread</b>	<b>(GF / DF Options)</b>	
Poached, Fried or Boiled		13
Scrambled		15
<b>#202</b>	<b>(GF / DF Options)</b>	
Your Eggs, Bacon, Tomato, Your Toast		18
<b>HQ</b>	<b>(GF / DF Options)</b>	
Your Eggs, Bacon, Tomato, Sausage, Beans, Mushrooms, Your Toast		24
<b>Warm Chia Porridge</b>	<b>(GF / DF Options)</b>	
Warm Coconut & Apple Chia Pudding with Honey Nut Crumble		17
Toasted Coconut and Mixed Berry Couli		
<b>Basil Pesto Mushrooms</b>	<b>(GF Option)</b>	
Thyme Garlic Mushrooms, Basil Pesto, Rocket, Parmesan, Your Toast		18
Add Poached Egg		19
<b>Mediterranean Bean w Poached Egg</b>	<b>(GF / DF Options)</b>	
Tomato Braised Beans, Bacon, Capsicum, Feta, Your Toast		20
<b>Chorizo Scramble Eggs</b>	<b>(GF Option)</b>	
Chorizo Scramble Eggs, Spinach, Basil Pesto, Balsamic Glaze, Your Toast		22
<b>Granola</b>	<b>(DF Option)</b>	
Roasted Oats, Nuts, Seeds, Dried Fruits, Natural Yoghurt & Strawberry		14
Add Your Milk		15



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**Bruschetta Eggs**

**(GF / DF Options)**

Poached Eggs, Avocado, Bruschetta, Rocket and Balsamic Glaze & Your Toast 20

**Omelette with your Toast**

**(GF Option)**

Ham, Cheese, Spinach 20

Chorizo, Potato, Braised Peppers, Smoked Cheese 21

**Eggs Hollandaise**

**(GF Option)**

Poached Eggs, Baby Spinach, Hollandaise, Your Toast 17

+ Prosciutto 22

+ Smoked Salmon 22

+ Ham 22

**Waffles**

Vanilla Waffles w Caramelised Banana and Bacon 19

Nutella Waffles w Hazelnuts and Vanilla Ice-cream 19

**Kids (under 12)**

**(GF / DF Options)**

Boiled Egg, Bacon w Toast Soldiers 10

**Extras**

Egg 2.5

Bacon (two piece) 4.5

Mushrooms 4.0

Beans 4.0

Chorizo 4.5

Sausage 4.5

Smoked Salmon 4.5

Ham 4.5

Avocado 4.5

Toast (2 Slices) 2.0

GF Toast (2 Slices) 3.0

Please notify our friendly staff if you have any allergies so we can take extra care with your meal. Thank you.